

NORTHAMPTON PARKS & RECREATION

TEEN EXPEDITIONS

Session 6: August 1 – August 5 – GOOD, OLD, FASHION, SUMMER FUN

Monday, 8/1	Tuesday, 8/2	Wednesday, 8/3	Thursday, 8/4	Friday, 8/5
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ORIENTATION	DAR STATE PARK	woo sox	OCEAN BEACH	MT. MONADNOCK
HIKE @ AMETHYST	The day will be spent exploring the Daughters	BASEBALL GAME	*Early departure @ 7:45 am*	*Early departure @ 7:45 am*
We will begin the week with ice breakers and other games, a hike with lunch at Amethyst Brook in Amherst, followed by an afternoon swim at Musante	of the American Revolution State Forest in Goshen, MA. We will take a leisurely hike and may stop at the lake for a swim.	Camp Hamp will be joining us for this trip, up to Worcester for a baseball game at 12:15. The Woo Sox are playing against the Durham Bulls. This may result in a late arrival back in Hamp.	The day will be spent swimming, relaxing, and playing games on the beach in New London, CT. There will be an early departure on this day.	The day will be spent exploring and hiking Mt. Monadnock in New Hampshire. There will be an early departure on this day.
Beach in Leeds. □ swim gear □ suitable shoes □ water □ lunch and snack □ bug spray □ sunscreen	 □ swim gear □ suitable shoes □ water □ lunch and snack □ bug spray □ sunscreen 	 □ suitable shoes □ snack □ water □ bug spray □ sunscreen □ money (optional) 	 □ swim gear (beach towel & bathing suit) □ suitable shoes (opentoed optional) □ water □ lunch and snack □ bug spray □ sunscreen 	 □ suitable shoes (for Hiking) □ lunch and snack □ water □ bug spray □ sunscreen